

# **BISHOP COTTON WOMEN'S CHRISTIAN COLLEGE, BANGALORE**

## **NSS REPORT**

**SEPT. 2022 TO JULY 2023**

### **NSS Enrollment Drive**

The NSS unit organized the enrollment drive on 21st September 2022. 104 students participated in the drive and enrolled themselves in the NSS unit of the college. Enrollment forms were distributed to the students to enable them to give the required details.

The NSS unit of BCWCC consists of 100 volunteers for the academic year 2022-2023.

### **Volunteer for International Women Achievers Award 2022 organized by Cubbon Park Walkers' Association**

The NSS volunteers volunteered for the International Women Achievers Awards & Young Star Awards 2022 organized by the Cubbon Park Walkers Association and Cubbon Park Walkers Forum on 9th October, 2022 at Ravindra Kalakshetra.

22 volunteers were part of the event.

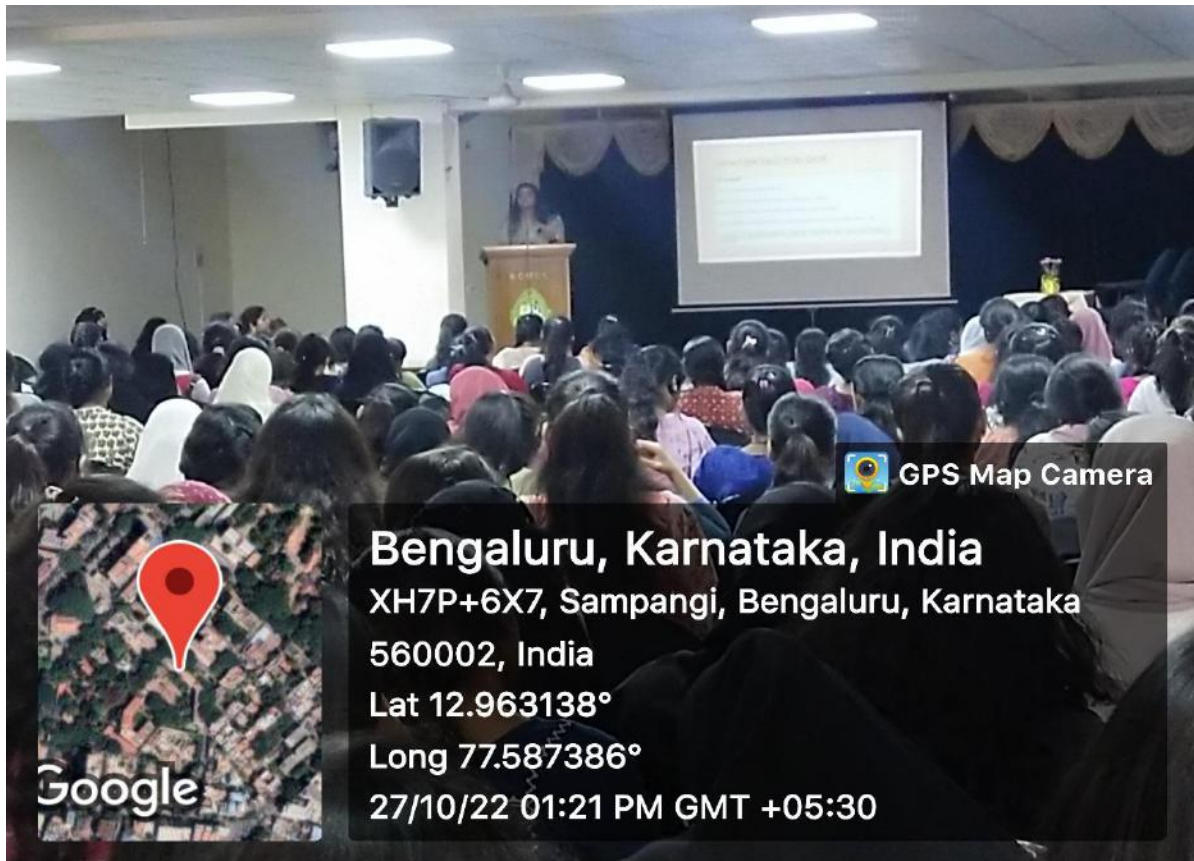
### **Awareness Session on Breast Cancer**

The NSS unit in association with the Student Welfare Committee organized an awareness session on breast cancer on 27th October 2022. Dr. Krithika Sekhar, Consultant, Radiation Oncologist from HCG hospital was invited as the guest speaker for the programme.

Dr. Krithika Sekhar spoke about the causes of breast cancer such as sedentary lifestyle, improper food habits and genetic history. The speaker emphasized on the techniques to examine the early-stage breast cancer in young women, techniques to perform self-breast examination and to undergo mammography for the detection of lumps in the breast tissues of women in 30 years.

The session also covered the myths and facts about the occurrence of breast cancer and brought a sense of awareness on the cervical cancer that is fatal.

50 NSS volunteers participated in the awareness programme.







## Stroke Awareness Walkathon

The Stroke Awareness Walkathon was organized by the Trustwell Hospital, J C Road, Bangalore on 29<sup>th</sup> October 2022 in observance of World Stroke Day.

The walkathon aimed to highlight the awareness of stroke among the general public. The walk began from Trustwell Hospital at 6:45 a.m. A senior doctor of Trustwell Hospital flagged off the event. Nearly 50 staff members of the Hospital that includes senior doctors, stroke specialists, nurses, paramedical staff, rehabilitation specialists, caregivers, stroke survivors, various school and college students, NSS volunteers and public at large walked together at the event starting from Trustwell Hospital, Jain College Road, Lalbagh Gate, Minerva Circle and ended at Trustwell Hospital. The 2k.m walkathon witnessed participants carrying placards and banners to highlight the awareness about stroke management.

22 NSS volunteers took part in the walkathon.







### **Walkathon organized by the BBMP**

The BBMP organized a walkathon to create awareness about the importance of voting among the voters on 9th November, 2022. The walkathon started from Hudson Circle at 6.30 a.m and completed at Bal Bhavan, Cubbon Park.

09 NSS volunteers participated in the event.





### **NSS Orientation**

The NSS unit organized orientation programme on 17<sup>th</sup> November, 2022 for the NSS volunteers to orient them about the National Service Scheme and about the activities undertaken by the unit for the academic year.

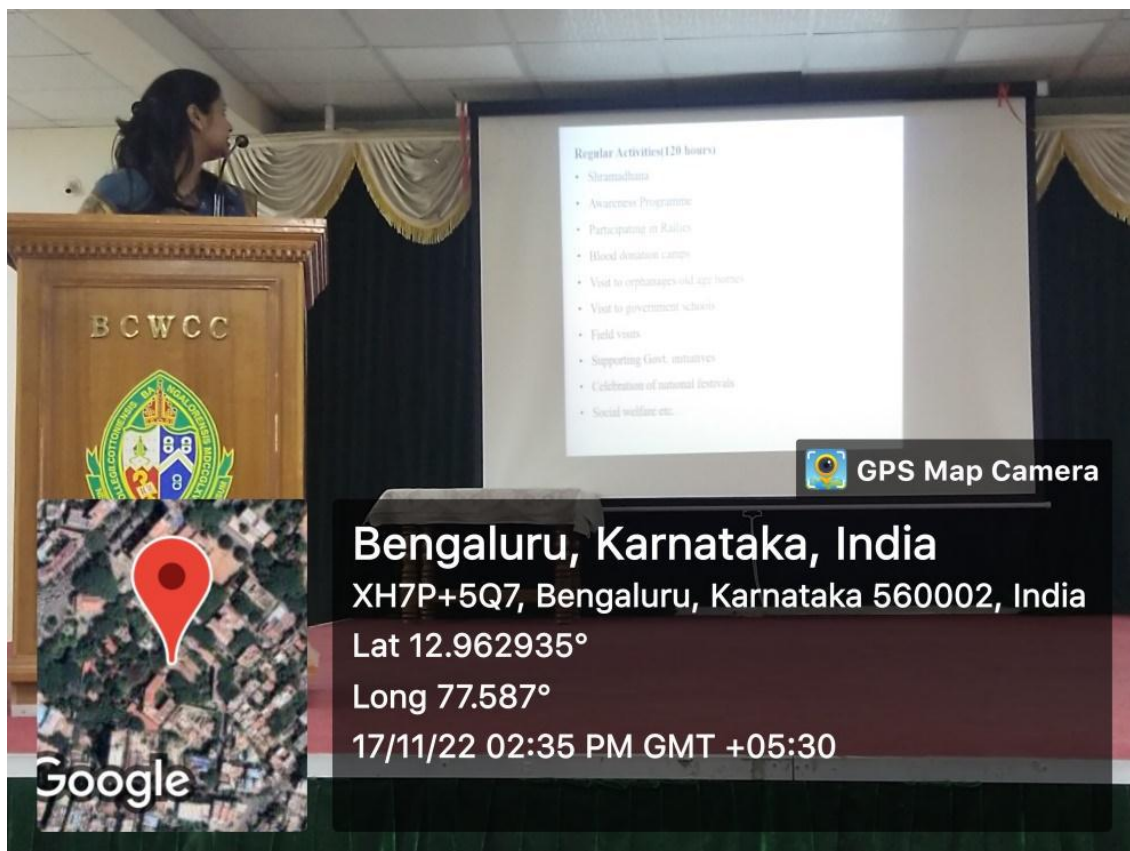
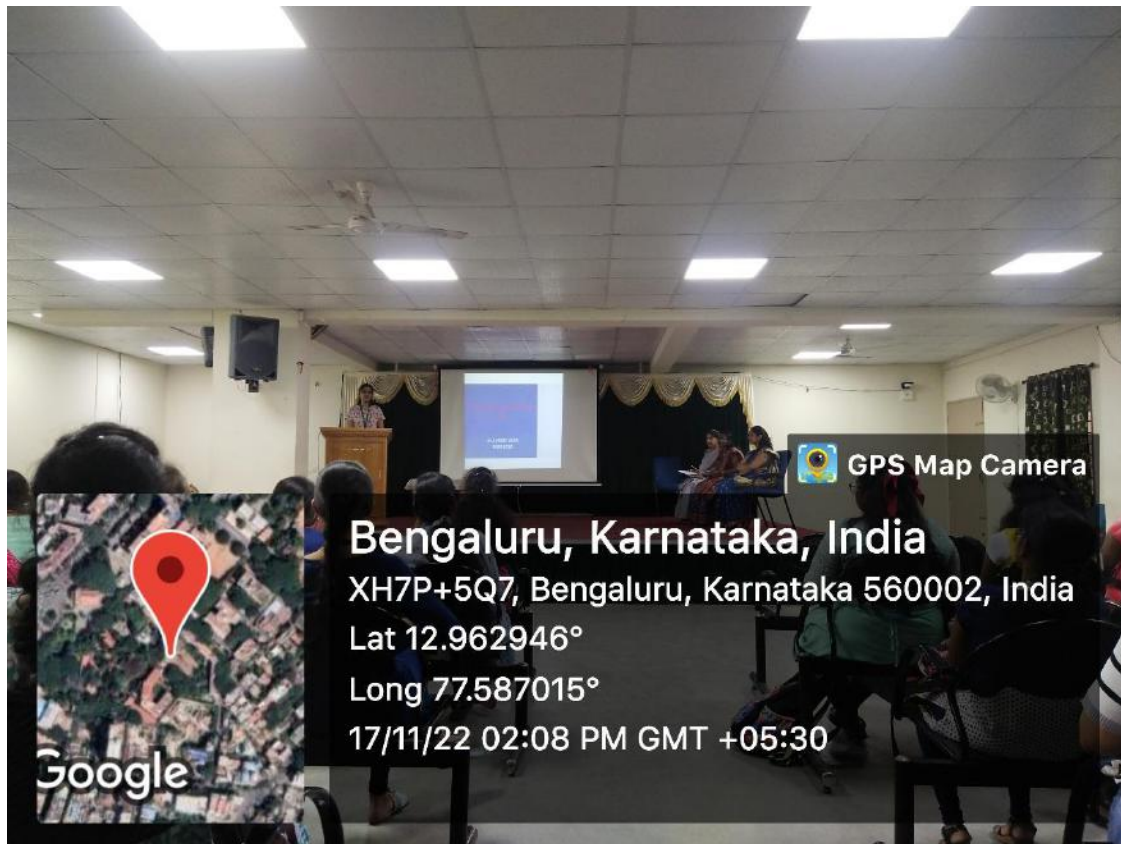
The programme started with Bible reading followed by Opening Prayer, Welcome Address, NSS Pledge and NSS Song. The NSS Volunteers were then oriented about the National Service Scheme of the Government of India. The volunteers were explained about the significance of the NSS Badge and the NSS Symbol. They were also briefed about the benefits of being a NSS volunteer, the code of conduct for the NSS volunteers.

The volunteers were given a glimpse of the regular activities and the annual special camp activities conducted by the NSS unit.

The programme concluded with a vote of thanks.

100 NSS volunteers participated in the orientation programme.







### Poster Making Competition

The NSS unit organized a Poster Making competition on 25<sup>th</sup> November, 2022 on the account of International Day for the 'Elimination of Violence against Women'. 05 students participated in the event. Nivedita S of II BSc was declared as the winner. Ms. Porkodi S, Asst. Prof., Department of Commerce was invited as the judge for the event.









## Shramadhana I

Shramadhana (Campus Cleaning) was organized on 28<sup>th</sup> November, 2022 by the NSS unit as part of the Clean India Mission initiated by the Government of India. 22 NSS volunteers took active part in the event and cleaned the college campus. The event was held between 8.00a.m to 9.30a.m.

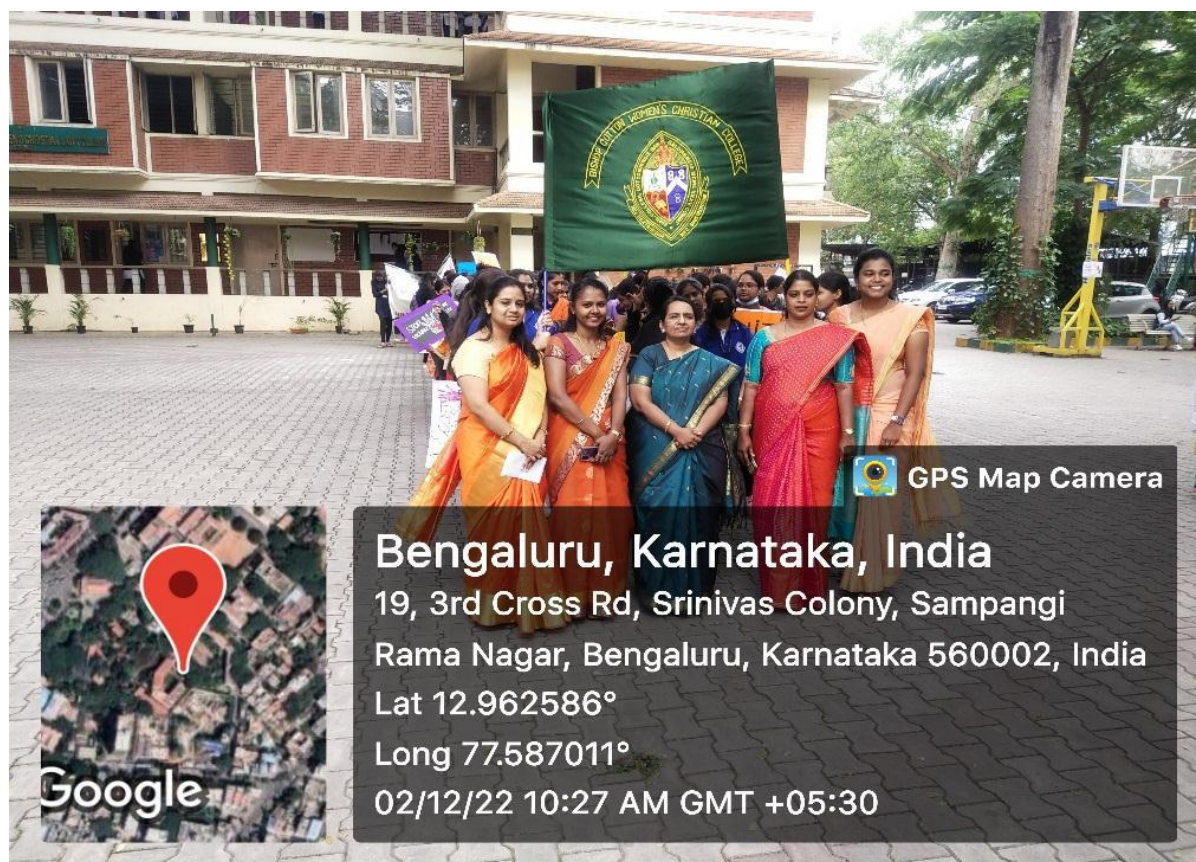




## Rally

The NSS unit in association with the department of sociology and the legal literacy club organized a rally as part of the UNiTE campaign which is an initiative of 16 days of activism to prevent and eliminate violence against women and girl child around the world. The objective of the rally was to create awareness among the public on prevention of violence among women and girl child and to promote respectful relationships and gender equality.

75 NSS volunteers participated in the rally from BCWCC campus to Town Hall on 02<sup>nd</sup> of December displaying placards communicating messages to the general public. The event was held between 10.00a.m to 11.30a.m. A group of volunteers performed a street play in front of the Town Hall. Three faculties coordinated to organize the rally.







GPS Map Camera

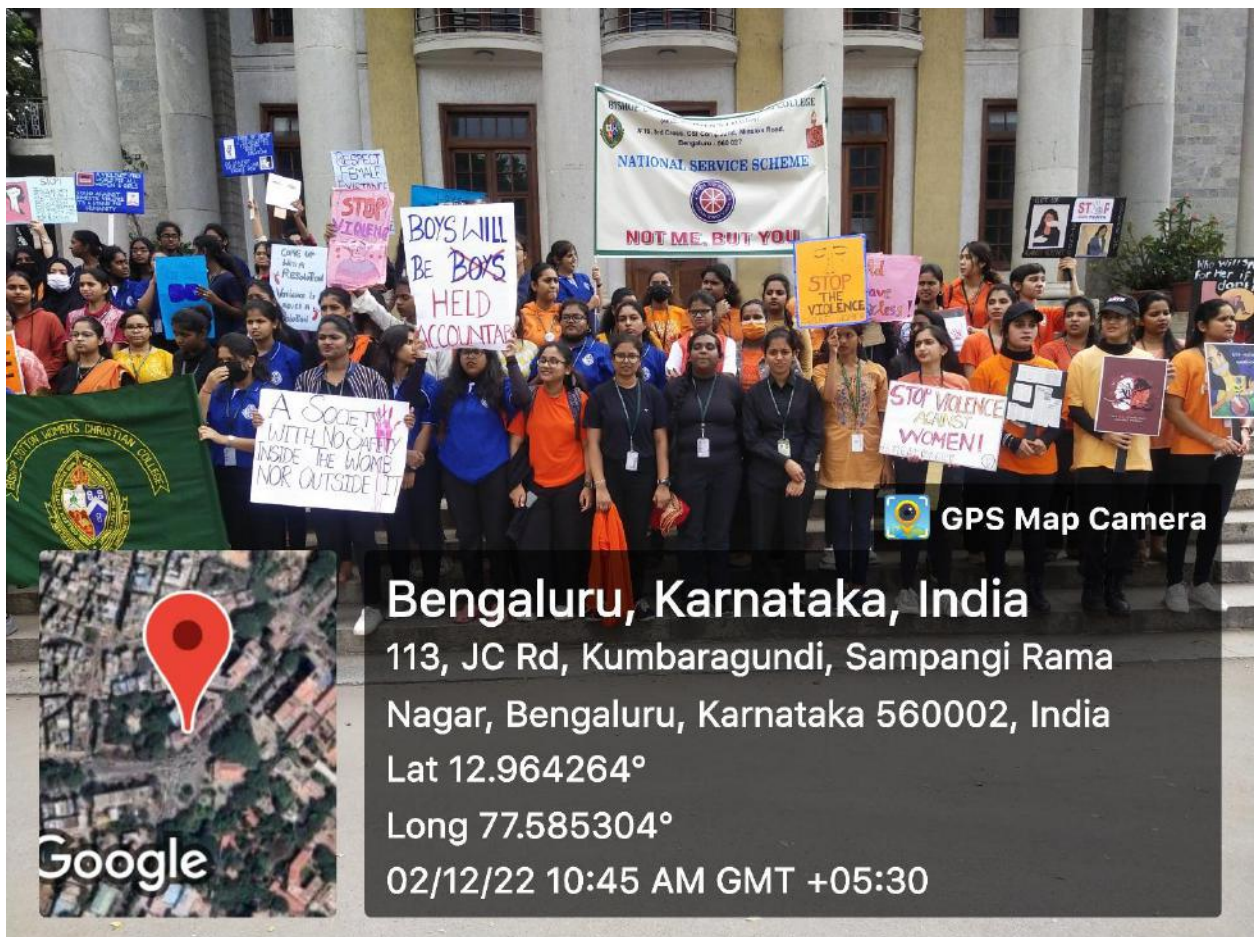
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XH7P+5Q7, Bengaluru, Karnataka 560002, India

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Long 77.587031°

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**Bengaluru, Karnataka, India**

113, JC Rd, Kumbaragundi, Sampangi Rama

Nagar, Bengaluru, Karnataka 560002, India

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Long 77.585304°

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### **Clean Campus Campaign**

The NSS unit organized the “Clean Campus Campaign” on 20th December 2022 to educate the student community on cleanliness and to promote civic sense among them.

The NSS volunteers as part of the campaign visited all the classrooms in the campus and briefed the students on the importance of cleanliness of the campus and the importance of disposal of waste in appropriate bins. The volunteers also visited the cafeteria and other areas of the campus to campaign to the students.

The volunteers carried placards and shouted slogans highlighting the issue.

50 NSS volunteers took part in the campaign.





## Republic Day Celebration

The NSS unit in association with the NCC unit organized the celebration of the 74th Republic Day on 26th January 2023. The celebration began with flag hoisting at 7.30 a.m. by Mrs. Mercy Priyalatha, Principal in-charge, BCWCC PU followed by sweets distribution.

50 NSS volunteers were part of the celebration.









### **Annual Special Camp**

The NSS unit organized the 7 day annual special camp from 1st February to 7th February 2023 at the Gurney Boarding Home, Gangasandra, Gauribidanur. The project undertaken at the camp was “Swachh Bharath”.

The Seven Day Special Camp included activities such as shramadhana, street play, awareness sessions, cultural programmes, outreach programmes etc. All the activities conducted during the camp laid emphasis on “Swachh Bharath.”

50 NSS volunteers were part of this camp.

















## Outreach Programme

The NSS unit organized an outreach programme on 30th June 2023 at Shivajinagar, Bangalore. The main aim of the programme was to feed the needy and poor people. 11 NSS volunteers pooled in ₹1,100 and bought packed food and distributed it to 40 needy people at the venue.

The outreach programme provided a great opportunity for the NSS volunteers to learn to serve the community.







## Outreach Programme

The NSS unit organized the second outreach programme on 03rd July, 2023 at Majestic, Bangalore. The main aim of the programme was to feed the needy and poor people. 10 NSS volunteers pooled in money and bought packed food and distributed it to 40 needy people at the venue.

The outreach programme provided a great opportunity for the NSS volunteers to learn to serve the community.









## Awareness Programme

The NSS unit organized a one day awareness programme on “Natural Farming and Water Conservation” on 24<sup>th</sup> July, 2023. The Programme was conducted by Hive Academia for Holistic Living at “Kamadhenu Eco Space” located at Mulbagal.

The speaker for the session was Mr. Prabhakar, Agriculture Officer, Mulbagal. The speaker addressed the volunteers on the importance and methods of natural farming and water conservation.

40 NSS volunteers participated in the programme.











Vandana M

NSS PROGRAMME OFFICER