

REPORT ON WORKSHOP THE WORLD DRUG DAY

The Head, Mrs. Evangeline Rajkumari, Department of Sociology Bwcc in collaboration with Karnataka State Police and Bengaluru City Police organized a Workshop on The World Drug Day 2023: “Together, We Can Tackle the World Drug Problem!” on 26th June 2023, nearly 50 students actively participated.

The Resource Person Mr. Cecil George, Executive Trustee/CEO, Blossoms Convalescent Care Trust, addressed the students about “The World Drug Day firstly, **understanding drug abuse**: -Whenever someone takes a drug for reasons other than its intended use, it is considered substance abuse.

Adolescence is a time for experimentation for many youngsters, and this can lead them to engage in risky behaviors. Binge drinking, prescription drug abuse, and recreational drug use are all common problems on school and college campuses.

Secondly, **Teenage Drug Abuse and Addiction**: - Teens who abuse drugs may have a greater risk of developing an addiction when they are adults. It’s important to know the difference between drug abuse and addiction. Many teens experiment with drugs, but aren’t addicted.

Teen drug abuse can have long-term cognitive and behavioral effects since the teenage brain is still developing. Recognition and prevention of drug use can end an emerging problem before it starts. Setting a good example and having talks about drug use are strong tools for teenage substance abuse prevention.

Finally, Teen Drug Experimentation: - Half of all new drug users are under the age of 18.

Experimentation plays the biggest role in teenage drug use. However, experimentation is a fact of life and just because a teen has tried drugs or alcohol doesn’t mean they will become an addict. It’s more important to understand why some teens are tempted to experiment.

Dr. Sudhakar, Assistant Commissioner of Police, Central Crime Branch, Bengaluru City Police also addressed the students and briefed about the harmful effects of drug abuse, signs of drug abuse and reasons why some young people use drugs. Dr. Sudhakar concluded the session by bringing awareness to the students about action under NDPS act by Bengaluru City Police.

