

## NCC ACTIVITIES 2021-2022

---

### International yoga day

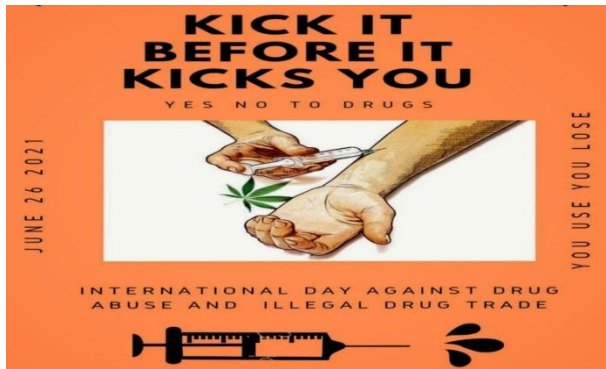
**Events:** On 19<sup>th</sup> June 2020 the cadets of 1 kar girls battalion NCC of Bishop cotton women's Christian college celebrated international yoga day by taking pledge to stay healthy. There were many events organized to motivate cadets to take up healthy lifestyle like yoga quiz, article writing, and yoga postures. Around 25 cadets participated in the events.

**Webinar :** On 21<sup>st</sup> June a webinar was arranged where Ms. Savitha reddy CEO of Inlingu Bangalore and famous yoga instructor explained the benefits of yoga. Nearly 50 cadets participated and performed many asanas (yoga postures) along with the instructor by virtual mode. Later the cadets also shared videos and images of them performing the yoga asanas. E- Certificate were presented to all the participants.



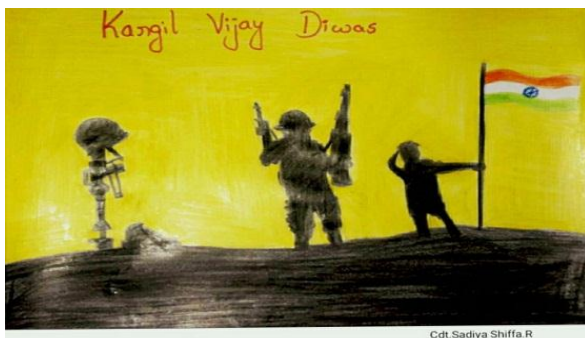
### Drug abuse and trafficking

On 28<sup>th</sup> June cadets of 1 kar girls battalion initiated activities to bring about awareness about drug abuse in youth cadets educated their families and neighbour's by making poster, drawing, articles etc. 20 cadets keenly took part in the debate competition arranged by NCC department.



## KARGIL DIWAS

On 26<sup>th</sup> July the cadets celebrated the Swarnim Vijay varsh that is 50 years of 1971 war by conducting quiz competition, digital poster making essay and drawing. 25 cadets took part in the activities enthusiastically and paid Homage to martyrs



## World nature conservation day

On 28<sup>th</sup> of July the cadets celebrated nature conservation day by making eco-friendly planters, bird feeders, own compost bins, and short films/video's with messages of nature conservation. 20 cadets participated in the events.



## **Independence day**

Many events were organized as part of Independence day by the unit from 8<sup>th</sup> August to 15<sup>th</sup> August such as video blog on quit India movement ,online poetry, digital poster card etc. 35 cadets of 1 kar girls battalion took part actively. The cadets also uploaded National anthem as part of Azadi ka Amrit Mohotsav.

On 15<sup>th</sup> August the cadet of Bishop cotton women's Christian college celebrated the 75<sup>th</sup> Independence day with pride, joy and serenity. The program was commenced by Mrs.Esther prasanna kumar and Mrs. Mercy priyalatha who were escorted by JUO. Bhavika Rajpurohit and Sargeant. Helen Christina to hoist the National flag.

The principal addressed the crowd. Around 20 -NCC Cadets, NSS volunteers, teachers and non-teaching staff of the college saluted the national flag and honoured the memories of the martyrs who attained freedom for us, many cultural activities like dance and singing took place filling the hearts with patriotism. The ceremony was ended by singing national anthem.



### **Sadbhavana Diwas**

The birth anniversary of former Prime Minister late shri Rajiv Gandhi on 22th August is observed as sadbhavana diwas every year. Around 23 NCC Cadets of 1 kar girls battalion ncc of bcwcc celebrated this day by taking sadbhavana pledge in kannada language. The idea behind observance of this day is to eschew violence and to promote goodwill among the people.



### **Ek bhara shreshtha Bharat camp (EBSB)**

The EBSB camp was conducted from 23<sup>rd</sup> - 28<sup>th</sup> August 2021. Cadets from Karnataka and Goa directorate with Uttar Pradesh directorates attended the virtual EBSB camp. Cdt. Kiran Kajla of our college participated in the course.

### **Fit India Freedom Run 2.0**

Fit India movement was launched on 29th august 2019 by our honourable Prime Minister with the view to make fitness an integral part of our daily lives. The cadets of 1 kar girls battalion ncc of bcwcc also took part in the mission actively. Most of the cadets took up the charge to run and record their activities in pedometer app the cadets started recording their walk/run from 26th August to 2nd September. All 25 cadets participated and supported the movement enthusiastically and cheerfully.



## Gandhi jayanti

On October 2nd, cadets of 1 kar girls battalion celebrated Gandhi jayanti and Lal Bahadur Shastri jayanti by conducting activities like poster making, Drawing and article writing. Around 15 Cadets made impressive posters and wrote informative articles educating others about early life of Mahatma Gandhi and his contributions towards the country.

## One day trek

The NCC aims to groom and develop character, comradeship, discipline, team spirit, enhance awareness about environment, leadership qualities and ideals of selfless service among youth citizens. A trekking expedition was held for senior wing NCC cadets of BCWCC in collaboration with Rotaract club of Bishop Cotton Women's Christian College Bangalore on 24th October 2021 to Hatridurga betta located about 15 km from Kunigal Town, Tumkur district of Karnataka. The twenty-three cadets were accompanied by ANO. The team was escorted by senior cadets. Three busses were arranged taking care of covid protocol and students safety. The departure time was 6:45 am in morning. Essential and emergency items were carried by volunteer cadets. Trekking instructions were given around 10:00 am after a powerful breakfast. The cadets took up the duty of guiding people, where on each level of the hill two cadets stood instructing the correct direction to go and not to get on the slippery and dangerous side of the hill. Cadets enjoyed an exhilarating experience of nature at its best and also learnt facts like Hatridurga betta is 3708 feet above sea level and is historically connected to Kempegowda-founder of modern-day Bangalore. 'The best view comes after the hardest climb'. The cadets enthusiastically climbed to the peak around 1:30 and proudly raised the NCC banner enjoying the spectacular view from Hatridurga fort. During the lunch around 2:00 pm, the cadet took up the charge and instructed people to keep the surrounding clean and dump garbage in dustbins bringing up the awareness about environmental pollution. After the beautiful journey for a noble cause (funds raised will be donated towards kids heart surgeries) and great experience of nature with trekking around 15 kilometres around 4:40 pm cadets bid goodbye to Hatridurga betta and Reached home safely.



### 1st year NCC Selection 2021-2022

On 29 October the PI staff were invited for motivating the young minds and NCC 1st years girls selection. Prof. Esther Prasanakumar welcomed the Sr.GCI Pushpanjali mk, Sr GCI Vanita Kshirsagar and Sub Maj Suresh Kumar for the event. ANO and the PI staff addressed the cadets, encouraged and motivated them. Later the process of selection began around 12:30 where more than 70 girls were on toe for joining NCC. The PI staff examined their physical strength ,knees, hands and stamina .The 2nd and 3rd yr cadets motivated them throughout the selection. 29 cadets were selected based on the race winner and their strength. The program and selection was done successfully



### Traffic awareness

The traffic awareness activity was held on 6<sup>th</sup> November 2021 between 1:00 pm to 3:00 pm .2<sup>nd</sup> and 3<sup>rd</sup> year cadets of around 23 and ANO took part in the activity near Sir.Puttanacheety townhall signal . The cadets took oath to abide the traffic rules the cadets wrote road safety slogans on charts and pluck cards and stood holding them . Many people appreciated our works and many read what was written on the boards , while the traffic police were also thankful.



### Campus cleaning

On the occasion of NCC day a Cleanliness drive was organized by NCC cadets at BCWCC on 1/12/21 Wednesday. All 23 cadets actively took part in the campaign .The cadets cleaned the main campus , area near canteen and sitting slots. The college staff and faculty appreciated the efforts of the cadets.The main objective of holding such campaigns was not just to clean the surrounding, but to create awareness among the people on the need of maintaining Cleanliness as well .The cadets also took oath to keep their home , college and surroundings clean`





### **Advance leadership camp 2021**

CPL Kiran kuwar attended the ALC camp conducted by NCC group Coimbatore at Hindustan College of engineering and technology from 25th November to 04 December 2021.

### **1st years registration on digital forum**

On 6th December all the cadets were informed to register on digital forum .1st year cadets were guided about how to register by 2nd and 3rd year cadets . All the cadets successfully registered on the portal . Soon after registration on 8th December cadets were asked to upload articles and videos on digital forum -article were on why should one join NCC, necessity of NCC, disposal of plastic etc. All 29 cadets of 1st year uploaded their work on digital forum .

### **Tribute to CDS General Bipin Rawath**

The 52 NCC Cadets and ANO of 1 kar girls battalion of Bishop cotton women's Christian college Friday ,10-12-21 condoled the demise of Chief of Defense Staff General Bipin Rawath ,his wife Madulika Rawath and all 11 great warriors who were killed in a chopper crash in Coornoor ,Tamil Nadu on Wednesday, 8-12-21 .The cadets paid tribute by lightning candles, diyas and 1 minute of silence for the peace of the soul.



### **PUNEETH SAGAR ABHIYAN**

As plastic is the biggest harm to mankind and its surrounding a virtual social media awareness was created by tweeting pictures, video, blogs and articles educating people about the harm caused by plastic and alternatives that can be used ,solutions of plastic pollution and methods to avoid plastic use. Cadets took active part by making #puneethsugar tag trending on social media. 52 Cadets started tweeting from 19th to 28th December 2021 between the given time (9 to 11 o'clock ).



### **Parade with PI staff and CO Sir visit .**

PI staff Rakesh Thapa sir and Amit sir addressed the cadets from 20th December 2021 to 24th December 2021. The PI staff prepared the cadets for B cert. and C cert. Practical and theory exams. CO Hari Prasad Sir from the unit also visited the college and spoke to the cadets. Around 40 cadets attended the



parade.



### **25th National Youth Festival**

The MoYAS organized the 25th National Youth Festival. On 12th January 2022 Honourable prime Minister Narendra Modi inaugurated the Festival at 10:30 AM via virtual mode. All the cadets registered for the event. The aim of festival was to increase bonding between diverse culture and strengthen the unity of country. 52 cadets registered for the webinar.

### **Surya Namaskar for vitality**

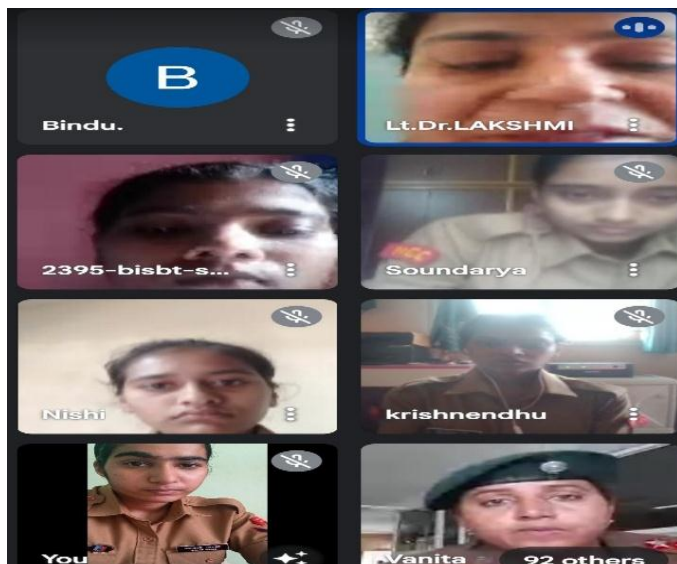
On occasion of Makar Sankranti-festival of Thanksgiving to mother nature for good health and wealth the govt. of India decided to organize a programme of Surya Namaskar for vitality On 14th Jan 2022 via virtual mode. All the cadets registered on the govt. Websites provided. 52 Cadets performed Surya Namaskar and received certificate after uploading photos, videos of their asanas.

## Azadi ka Amrit Mohotsav

On the grand celebration of 75th year of independence govt.of India under Azadi ka Amrit Mohotsav organized various programs and activities like Rangoli making ,Deshbhakti geet ,Lori writing on the prosperity of Nation and future India theme. All the cadets took part actively and uploaded various work with enthusiasm. 52 Cadets received certificate as appreciation

## Online Cadre Classes for B and C certificate Cadets

Due to covid 19 restrictions offline Cadre classes were not conducted as an alternate classes were take via virtual mode on Microsoft teams. Cadets were taught the concepts and learnt well as results of the hard work from the Unit and staff .Online classes were conducted from 17th to 21st January for B certificate Cadets from 9:45 to 1:30. C certificate Cadets attended classes from 17th to 25th January from 9:45 to 1 :30.



## **Republic day Celebration**

Due to covid-19 restrictions only 15 cadets were allowed to take part in the happening Republic day celebration. The Tricolour was hoisted by the Principal were in NCC cadets along with NSS student saluted the flag with great respect. Later the principal addressed the gathering, importance of the day was told to students and Cadets, martyrs with their great valour were to be remembered and the college vacillated on the rhythm of Deshbhakti songs. On the occasion of Republic Day around 20 Cadets made various poster, reports, articles and drawings .



## **Offline Cadre classes**

Offline Cadre classes were conducted for B cert. and C cert cadets from 27<sup>th</sup> – 31<sup>st</sup> January 2021 , timing 9:30 am to 4:30pm at Government Science College, K.R circle . Hard work of unit and PI staff for Cadets better performance in exam is a humble and remarkable work.





## **B and C certificate Examination**

B -certificate exam were conducted on 19<sup>th</sup> and 20<sup>th</sup> February 2022. Practical's were conducted at Manekshaw parade ground and theory exam was conducted at Army public school. All 14 Cadets reported on time and exams were successfully done.

C -Certificate Examination was conducted on 26th and 27th February 2022 . Practical's were conducted at Manekshaw parade ground on 26<sup>th</sup> and theory exam was held on 27th February at Army public school. All 9 Cadets reported on time and exams were successfully completed.

## **C cert farewell:**

On 6th March a farewell party was organized by the juniors for passing out B and C cert cadets . Juniors performed dance ,mimic, sang songs , pick and speak and many interesting games were held. Around 45 cadets participated .



## **Major Sandeep unnikrishnan event :**

Around 6 cadets went for the selection in the event on 11th April. Cadets trained regularly for the event at Govt.college of Arts and science on 12,13,14, 18 and at MEG Centre on 19th and 20th April. 4 cadets got selected, Cpl.Kiran Kuwar, L/Cpl.Kiran KAjla, L/Cpl.Pooja Jain A, Cdt. Prithisha R were part of the event. Cadets got opportunity to meet with the parents who gave birth to Major Sandeep a brave heart .The event was conducted successfully on 22nd April 2022 at SSB .



### **TSC Training selection:**

First Training selection was conducted on 30<sup>th</sup> , 31<sup>st</sup> march and 1<sup>st</sup> April 2022 at MEG centre ulssor from 8:00am- 3:00pm. Around 8 cadets participated cdt. Nithya Shree M , cdt.Harini B, cdt. Vijetha R, cdt.Kunalika Elango, cdt.Archana S, cdt.Suman Patel, cdt.Likitha M, cdt.Neeharika D .

Second Training Selection was conducted on 19<sup>th</sup> – 21<sup>st</sup> April 2022 at MEG Centre ulsoor at 8:00 to 3 :00pm. Around 6 cadets participated Cpl.Kiran Kuwar, cdt.Vijetha R, cdt.Harini B, cdt.Kunalika Elango, cdt.Archana S, cdt.Shravanthi M.

### **Inter Dte. sports and shooting competition :**

On 26<sup>th</sup> – 28<sup>th</sup> April 2022 at Parachute Regiment Training Centre( PRTC) , IDSC selection was held, Cpl.Kiran Kuwar participated in the event.