

## **BISHOP COTTON WOMEN'S CHRISTIAN COLLEGE**

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## THE REPORT ON GUEST LECTURE

The Head, Mrs.Evangeline Rajkumari, Department of Sociology organised Guest Lecture for I, II & III BA students, 2 staff and 35 students actively participated in the Lecture session on Sociology of Health - "Doctors – Nurses & Paramedical Staff – Patients and their relationship" on 10th June 2024. It was an insightful event that emphasised the intricate dynamics within the healthcare environment. Guest Speaker Dr. Carolin Elizabeth George, Head, Community Health Palliative Care & Research Division, Bangalore Baptist Hospital, a renowned person in the medical field, was invited to share her extensive knowledge and experience.

Dr. Carolin Elizabeth George began the lecture by highlighting the critical roles that doctors, nurses, and paramedical staff play in patient care. She emphasised that the healthcare system's efficiency and effectiveness heavily rely on the seamless collaboration among these professionals. The lecture aimed to shed light on the interdependent relationships and the importance of communication, trust, and respect in ensuring optimal patient outcomes.

Dr. Carolin,outlined the responsibilities of doctors, focusing on diagnosis, treatment planning, and overseeing patient care. She discussed the significance of doctors being not only medical experts but also effective communicators. The ability to explain complex medical conditions and treatments in a way that patients can understand was emphasised as crucial for building trust and ensuring compliance with medical advice.

Further, she acknowledged nurses as the backbone of the healthcare system, highlighting their responsibilities in monitoring patient conditions, administering medications, and providing emotional support. The close interaction between nurses and patients position nurses as key advocates for patient needs, making their role vital in the healing process. Also she discussed the contributions of paramedical staff, including technicians, therapists, and other allied health professionals. She elaborated on how these professionals support both doctors and nurses by providing specialised services that are crucial for accurate diagnoses and effective treatments. Their expertise in various fields ensures that comprehensive care is delivered.

A significant portion of the lecture was dedicated to the relationship between healthcare professionals and patients. She explained importance of empathy, active listening, and clear communication in building a strong patient-professional relationship. She highlighted that understanding patients' concerns, cultural backgrounds, and individual preferences is essential for providing personalised care.

The lecture concluded with a Q&A session where, Dr.Carolin Elizabeth George answered questions from the students, providing further insights into the complexities of healthcare relationships. She reiterated the importance of teamwork, mutual respect, and ongoing education in fostering a collaborative environment that benefits both patients and healthcare providers.

The lecture was well-received by all the students of Sociology subject, who appreciated Dr.Carolin Elizabeth George's depth of knowledge and practical advice. The guest lecture was a valuable contribution to our understanding of the critical relationships in healthcare, and it provided actionable insights to improve patient care and professional interactions.







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